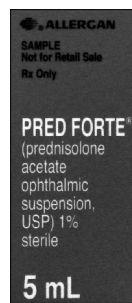
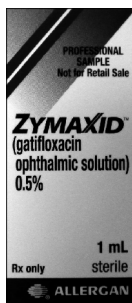


PRK Eye Drop Directions

These drops are to help reduce the risk of complication from your eye surgery. Use the chart below to help you remember your drops and separate all drops by at least 3 minutes.



Acuvail: Start this drop 3 days before surgery and continue as directed.

3 Days Before Surgery
 2 Days Before Surgery
 1 Day Before Surgery
 Surgery Day
 1 Day After Surgery
 2 Days After Surgery
 3 Days After Surgery, Discontinue Day 4

Zymaxid: Start this drop 1 day before surgery and continue until the 1 week post-op visit.

1 Day Before Surgery
 Surgery Day
 1 Day After Surgery
 2 Days After Surgery
 3 Days After Surgery
 4 Days After Surgery
 5 Days After Surgery
 6 Days After Surgery
 7 Days After Surgery Discontinue Day 8

PredForte: Start this drop before surgery and continue as directed for 6 weeks after surgery.

Surgery Day
 1 Day After Surgery
 2 Days After Surgery
 3 Days After Surgery
 4 Days After Surgery
 5 Days After Surgery
 6 Days After Surgery
 7 Days After Surgery

Optive: Use these preservative free drops hourly for 1 week after surgery and as needed after week 1.

Continue Drops:
 4x/day for Week 2
 3x/day for Weeks 3 and 4
 2x/day for Week 5
 1x/day for Week 6
 Discontinue after Week 6

Oral Supplements

Vitamin C:
 Take 500mg 2x/day, starting 1 week prior to surgery and continuing for 1 month after surgery.

Omega 3:
 Take 2-4 grams daily of Omega 3 supplements such as Fish or Flax Oil starting 1 week prior to surgery and continuing for 1 month after surgery.



Questions?

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