



Dear Patient,

Congratulations! You now have your appointment for your laser vision correction procedure. In preparing for your appointment, please take the following into consideration.

- ✓ **ALL TESTS must be completed prior to the day of surgery. Please phone the office to make an appointment if you need any further testing.**
- ✓ In order to have the laser vision correction surgery you must **remove your contact lenses 2 weeks before your procedure date**. Be advised that on the day of surgery you will be here in the office for **2-3 hours total**. Please plan accordingly.
- ✓ **PAYMENT:** In order to book surgery we need to have a credit card on file. **Your card will NOT be charged until 12 noon four business day prior to your surgery**, e.g., Tuesday for Friday surgery. If you need to cancel or reschedule surgery we need to be informed by that time. **We will be sending an email confirmation the day before**. We will not be calling. There is no need to call the office if you agree with the email you receive and agree with credit card payment. If you prefer to pay by cash, credit card or bank check these need to be received **1 week before surgery**. If you plan on using a debit card, please call your bank ahead of time to ensure your daily withdrawal limit is high enough.
- ✓ You have been provided with prescriptions to use after your procedure. You do **not** need to use these eye drops prior to your surgery, but **you MUST fill them ahead of time** to assure the pharmacies have them in stock. Not all pharmacies have these medications on the shelf. If you cannot afford these medications or if they are not covered by your insurance, **please phone the office** immediately as we may be able to work out an alternative plan.
- ✓ If you plan on taking Valium (which we offer prior to your procedure here in the office), plan on having someone pick you up from your appointment. **You will *not* be able to drive yourself home either way**, but if you choose not to take the Valium, you can take the train or a cab home. **We legally cannot let you leave alone if you choose to take Valium.**
- ✓ **You will need to come in for a one day post-operative appointment.** We will provide you with that time on the day of your procedure.
- ✓ **Please ensure that you wear no make-up on or around your eyes the day of your procedure** as well as no eye make-up for 1 week following the procedure.
- ✓ Avoid **swimming/hot tub/sauna/Jacuzzi** for **2 weeks** following the procedure.
- ✓ If you bring a **cell phone** with you on the day of your surgery, please make sure it is **turned off** before entering the laser suite.
- ✓ The laser room tends to be fairly cold, so if you get cold easily, please prepare yourself by coming with a layer of **warm clothing**. You will be in the surgery suite for about 20 minutes, so you want to be as comfortable as possible.
- ✓ The laser is sensitive to smell, so please, refrain from wearing **perfume or cologne** as it will interfere with the laser performance. (Moisturizer, lotion and/or deodorant is okay to use).
- ✓ If you are having the **LASEK procedure** please be advised that your eyes may be blurry and uncomfortable for up to one week, which may impair you from performing your job.
- ✓ Other notes: _____

If you have any questions regarding these instructions or your surgery in particular, please call the office at 617-277-4733 and we will be happy to assist you. Congratulations again and we will see you on the day of your appointment!

Best regards,

Surgical Scheduler
Boston Laser