



Your Cataract Surgery

Patient Information
& Instructions



Cataract Surgery

with Dr. Kerry Solomon



Thank you for choosing Kerry Solomon, M.D., and Carolina Eyecare Physicians for your cataract surgery. We want you to know what to expect before, during and after your procedure and have provided this booklet to help you prepare. You will need to refer to this information, so please keep it handy!

Dr. Solomon will perform your cataract procedure at Physicians Eye Surgery Center.

Your anesthesia services will be provided by Anesthesia Associates of Charleston (AAOC).

Your Procedure Date:

Surgery Time Confirmation:

Someone from Dr. Solomon's office will call you one to two days before your surgery to give you instructions and tell you when you should check in on the day of surgery.

Important Phone Numbers:

Call Dr. Solomon's office at (843) 881-EYES (3937) or (888) 849-EYES (toll-free) to:

- Schedule an appointment
- Ask questions about your medication
- Request a medication refill
- Speak with our Cataract Surgery Coordinator
- Report significant changes in your vision or health before your surgery
- Reschedule your surgery
- Report problems after surgery

Do you need to contact Physicians Eye Surgery Center? Call (843) 571-4800.

Call Anesthesia Associates of Charleston at (843) 723-3441 if:

- You need information about anesthesia
- You have insurance-related questions about anesthesia services

Preparing for Your Cataract Procedure

Beginning 3 Days Before Your Surgery

Eye Drops

To help prepare your eye for surgery, you will receive a prescription for eye drops:

- Zymar® (Gatifloxacin)
- Acuvail™ (Ketorolac)
- Durezol® (Difluprednate)

These drops will help prevent infection and aid in the healing process.

Use the Zymar drops as follows:

- 1 drop in the eye that will have surgery.
- Repeat 4 times a day at 4-hour intervals.
Example: 8 am, 12 pm, 4 pm, 8 pm.

Use the Acuvail drops as follows:

- 1 drop in the eye that will have surgery.
- Repeat 2 times a day.
Example: 8 am, 8 pm.

When using both drops at the same time, wait 5 minutes between drops.

Cleaning Your Eye

During these 3 days, use eyelid scrubs 2 times a day (morning and night) on the eye that will have surgery. This will help to prevent infection. You can buy eyelid scrubs at any drugstore, or you may use a warm cloth with baby shampoo instead.

The Night Before Your Surgery

To help prevent nausea and vomiting DO NOT eat or drink anything after midnight the night before your surgery.

On the Morning of Surgery Only

Beginning 1 hour before you are scheduled to check in at the surgery center:

- Place one drop of Durezol in your eye.
- Repeat every 15 minutes until surgery
Example: If your scheduled check-in time is 8:00 am, place one drop of Durezol in your eye at 7 am, 7:15 am, 7:30 am, and 7:45 am.

Pre-Surgery Checklist

- Use Durezol drops as directed
- Take morning medications (only if instructed to do so).
- Wear loose-fitting, short-sleeved clothing.
- DO NOT wear jewelry, nail polish, or makeup.
- DO NOT bring any money or valuables with you.
- Bring all medications you are currently taking.
- Bring your medical insurance ID cards with you.
- Make sure an adult driver is available to take you home following surgery and will be available for the next 24 hours.
- Check in at Physicians Eye Surgery Center at your scheduled time.

During Your Cataract Procedure

Most cataract surgery is performed under topical or local anesthesia and numbing eye drops.

Although you may feel slight pressure during surgery, you should not experience any discomfort or pain.

If you feel any pain or become nauseated during surgery, let the physician or nurse know so they can make you more comfortable.

Following surgery, you will spend a short period of time in the recovery area. We will schedule an appointment for your one-day post-operative check-up before you return home to resume your normal daily activities.

What to Expect After Your Surgery

If you experience discomfort for a few days following surgery, you may take Tylenol for relief. If you are allergic to Tylenol, please take what you would normally take for a headache.

Your vision may be slightly blurred for a few days (up to a week) following surgery, as your eye recovers.

Your eye may appear slightly red; this will gradually clear during the first few days after surgery.

You may also notice that your pupil (the black part of your eye) is smaller than the pupil of the other eye. This is normal. The pupil will slowly return to its normal size within two days after surgery.

Call Carolina Eye Physicians immediately if you experience any of these symptoms after your surgery:

- sudden decrease in vision
- severe eye pain
- increased redness of the eye
- increased discharge from the eye
- persistent pain that is not relieved by Tylenol

8am to 5pm Monday through Friday: (843) 881-EYES (3937) or (888) 849-EYES (toll-free)

When calling this number after office hours, ask the operator to page the doctor on call.



General Post-Operative Instructions

Properly caring for your eyes after your surgery is important in the healing process, so keep the following precautions in mind:

	Do This...	Avoid This...
For the first week following surgery	<ul style="list-style-type: none">· Clean your eyelid with a clean, wet washcloth· Take normal tub baths or showers· Wear the eye shield provided in your care kit while sleeping to protect your eye· Wear your own glasses and/or the sunglasses provided in your care kit while you are awake	<ul style="list-style-type: none">· Rubbing your eyes and any unnecessary hand-to-eye contact· Getting shampoo or water in your eye· Getting sweat in your eye· Performing lawn work· Engaging in strenuous activity· Playing contact sports· Lifting anything weighing more than 20 pounds· Swimming for 2 weeks or scuba diving for 1 month after the procedure

Eye Drops

Take the following eye drops as directed after surgery:

Time Period	Eye Drop Directions
The first 14 days following surgery	<p>Use the Zymar drops as follows:</p> <ul style="list-style-type: none">· 1 drop in the eye that had surgery.· Repeat 4 times a day at 4-hour intervals. <p>Use the Durezol drops as follows:</p> <ul style="list-style-type: none">· 1 drop in the eye that had surgery.· Repeat 4 times a day at 4-hour intervals. <p>Use the Acuvail drops as follows:</p> <ul style="list-style-type: none">· 1 drop in the eye that had surgery.· Repeat 2 times a day. <p>When using more than one kind of drop at the same time, wait 5 minutes between drops.</p>
After the first 14 days following surgery	<p>Stop using Zymar.</p> <p>Continue using Acuvail as follows:</p> <ul style="list-style-type: none">· 1 drop in the eye that had surgery.· Repeat 2 times a day. <p>Continue using Durezol, but decrease how often you use it:</p> <ul style="list-style-type: none">· 1 drop in the eye that had surgery.· Repeat only 2 times a day. <p>When using more than one kind of drop at the same time, wait 5 minutes between drops.</p>

Post-Operative Appointment

You will be asked to come to the office the day after surgery for a short follow-up visit.

Approximately 2 to 4 weeks after your surgery, we will check your glasses and dilate your eyes, so please arrange to have another adult available to drive you home.

Your World-Class Eye Surgeon

KERRY SOLOMON, M.D.



Dr. Kerry Solomon received his medical degree from the University of Vermont School of Medicine. He completed a medical internship at Yale University and his residency training in Ophthalmology at the University of Kentucky. In addition to his medical internship, he completed a fellowship in ophthalmology pathology at the University of Utah. Following residency training, he completed another fellowship in cataract and refractive surgery at Johns Hopkins University. In 1993, he served on the faculty of the Medical University of South Carolina, where he became the first recipient of the Arturo and Holly Melosi Chair in Ophthalmology. Dr. Solomon joined Carolina Eyecare Physicians in 2009.

Ranked among the nation's best ophthalmic surgeons, Dr. Solomon has been named one of the "Best Doctors in America" for cataract and refractive surgery. He has been published in more than 70 publications, including book chapters, book reviews, and journal and magazine articles, and has also produced more than 30 educational and training videos used by surgeons throughout the world, some of which have earned awards. Many popular magazines and newspapers have recognized Dr. Solomon, including The New York Times, The Wall Street Journal, USA Today, Money, Redbook, and Readers Digest. He was also featured in the PBS series, Healthy Body, Healthy Mind ("Cataract Surgery" episode) which aired in more than 140 countries.



The Physicians' Eye Surgery Center of Charleston

Charleston's only physician-directed eye surgery center

Dr. Solomon will perform your cataract procedure at The Physicians' Eye Surgery Center of Charleston,* an outpatient facility designed and staffed to deliver a comfortable, patient-focused experience from beginning to end. This state-of-the-art surgery center designed exclusively for eye surgery is fully-licensed by the state and accredited by AAAHC (the Accreditation Association for Ambulatory Health Care).

2060 Charlie Hall Blvd., Suite 301
Charleston, SC 29414
(843) 571-4800
www.PhysiciansEyeSurgeryCenter.com

Directions

From I-26:

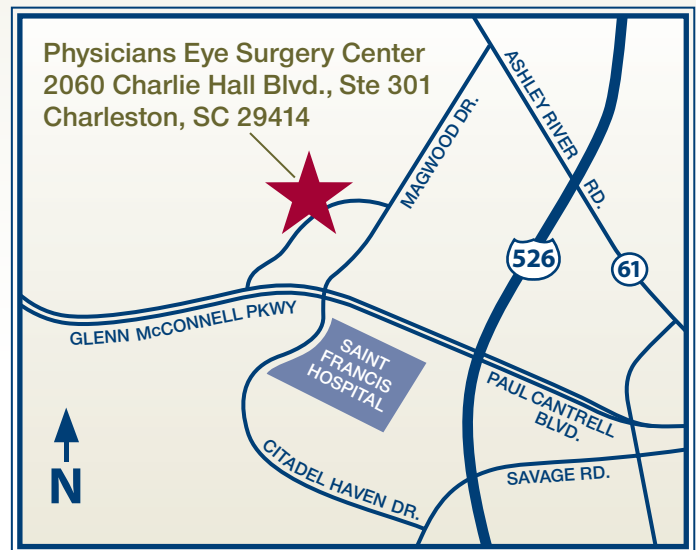
- Take I-26 (toward Savannah) to I-526 (toward Savannah)
- Exit 11-B (Hospital exit)
- Turn right at the first street (Magwood)
- Turn left onto Charlie Hall Blvd.
- Turn right at Essex Medical Park (the fifth driveway on the right)
- The Eye Surgery Center is located in the 3rd building on the left, Suite 301

From Hwy. 61, coming from Summerville:

- Turn right on Magwood
- Turn right on Charlie Hall Blvd.
- Turn right at Essex Medical Park (the fifth driveway on the right)
- The Eye Surgery Center is located in the 3rd building on the left, Suite 301

From Hwy. 17-S:

- Take I-526 toward North Charleston/Mt. Pleasant
- Exit 11-B (Hospital exit)
- Turn right at the first street (Magwood)
- Turn left onto Charlie Hall Blvd.
- Turn right at Essex Medical Park (the fifth driveway on the right)
- The Eye Surgery Center is located in the 3rd building on the left, Suite 301



*Some Carolina Eyecare Physicians surgeons have ownership interest in The Physicians' Eye Surgery Center of South Carolina.



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