



Things to know before your LASIK Screening Appointment

It can be useful to our doctors to have your past prescriptions available on the day of your LASIK screening appointment. If you can, please bring your contact lens box(es) and glasses with you. To have your optical records faxed to us, please sign the Records Release Form and either fax it to us at 208-883-6557 or leave it with your optician.

If you wear SOFT contacts:

Ideally, you should discontinue wearing your **soft** contact lenses for a couple of days before your initial screening consultation. If you do not have glasses and need to stay in your soft contacts, that's fine. You can still undergo a reliable LASIK screening. Depending on your type of soft lenses, before your final preoperative examination and your LASIK procedure you may need to stay out of your contacts for 2-3 weeks. Our doctors will tailor their recommendations based on the testing performed during your initial screening.

If you wear HARD contacts:

If possible, you should discontinue wearing your **hard** contact lenses for a couple of days before your initial screening consultation. If you do not have glasses and need to stay in your hard contacts, that's fine. You can still undergo a reliable LASIK screening. Because many years of hard lens wear can cause temporary but significant alterations in the way your corneas work, before actually having LASIK you will ultimately need to be out of your hard lenses for an extended period of time (3-6 weeks). We have methods of verifying when your corneas are completely stable preoperatively and when it is safe to proceed with your LASIK. Our doctors will tailor their recommendations based on the testing performed during your initial screening.

Return to activities:

LASIK is known for having a particularly quick recovery, mainly because the protective flap acts as a natural bandage for the cornea. The majority of our patients are usually able to confidently drive the day after their LASIK and usually return to work in a day or two. Our doctors will provide you with specific instructions about when it is safe to return your activities based on your individual circumstances, needs and recovery.